

# HEALTH CARE

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## MEDICAL FORM

**All campers must have a physical and a fully completed Camper Medical Form and Camper Health History Form prior to the start of camp.**

**No camper will be allowed to start camp without these forms on file in our health center.**

## REQUIRED IMMUNIZATIONS

- 1. Diphtheria and Tetanus: Campers must be fully immunized against Diphtheria and Tetanus with the basic series of three injections and boosters. Campers through age 10 should have had a booster dose against Diphtheria and Tetanus within the past five years. Campers age 11 and up should have a booster dose of Tetanus Toxoid every ten years.**
- 2. Poliomyelitis:** All campers must have received the complete series of oral polio vaccine (Sabin).
- 3. Measles:** An inoculation of live attenuated measles virus vaccine is required for all children who have not had measles. It is important to receive this inoculation two or more weeks before camp.
- 4. Typhoid-Parathyroid:** This vaccination is optional. Some recommend that campers age 11 and up receive Typhoid immunization. If already immunized, a yearly booster dose is required. Check with your physician to find out his/her recommendation.
- 5. Mumps Vaccine:** Mandatory for campers over 10 years of age who have not had the mumps.
- 6. Infectious Hepatitis:** If camper is exposed to Infectious Hepatitis, gamma globulin should be given promptly after exposure. **CAMP MUST THEN BE NOTIFIED!**

## DENTAL CHECK-UP

It is important that all campers visit the dentist before camp. Parents of campers undergoing orthodontic treatment should relay any special instructions to us. During the summer, the orthodontist will make your son comfortable if a wire snaps or a similar problem arises. However, he does not do any substantial work.

## COMMUNICABLE DISEASES

Please be sure to have your child inspected for the presence of head lice two to three weeks prior to departure and immediately before camp begins. We suggest a short haircut for the summer. If your child has been exposed to any communicable disease within three weeks of departure day, notify the camp immediately. Children may not attend camp until they have completely recovered.

## PRESCRIPTION DRUGS

Our infirmary stocks basic generic antibiotics and drugs. It is not necessary to send over-the-counter drugs to camp. If a camper requires prescription medications from a pharmacy, the charge will be billed to your insurance carrier.

## **PRESCRIPTION MEDICATION**

This summer, we will continue to use a very successful medicine-packaging and distribution system known as KIDSMEDPACKS. All campers taking daily medications, including liquid medications, inhalers or injections, are required to have their medications packaged in this format. **NO EXCEPTIONS ARE MADE TO THIS POLICY.**

### **Why KIDSMEDPACKS?**

- Multiple meds are placed in a single packet, coordinated for time of administration. (For example, all breakfast meds for your camper will be in the same packet.)
- The child's name and a list of contents appear on the back of each packet. Packets have perforated edges and may be easily removed from the roll when brought to the child for distribution.
- Camp Mah-Kee-Nac's medical staff does not prepare the medications – all responsibility for accuracy lies with the registered pharmacist who filled the prescription(s).
- These secure packets are also portable for day and overnight trips.

For the reasons enumerated above, all campers must have their meds packaged by the Lenox Village Pharmacy, which has a department devoted to KIDSMEDPACKS. The pharmacy is close to camp in case changes need to be made in your child's medication regimen. Changes can be completed within a day without the need for FedEx or UPS service. For campers who take medication, there is a one-time \$50 registration fee for this program. This fee covers the cost of packaging and shipping all of your child's medications directly to the camp, as well as any necessary mid-summer changes.

We will be sending out a special medical mailing describing this process in detail and giving you all of the necessary forms.

## **INSURANCE**

Please photocopy both sides of your insurance cards (medical, dental and prescription) and attach them to the Insurance and Credit Card Information Form. If your child will be taking prescription drugs, attach a copy of the prescription to the Medication Form and send the original to the Village Pharmacy. (Our medical mailing to you in February will provide the details.) Medical attention in our camp infirmary is covered by your tuition. All additional costs incurred during camp are the responsibility of the camper's parents. These include refilling previously prescribed medication, emergency room visits, local physician's visits, and/or outside providers of medical attention. All of the above will be billed to your medical insurance carrier. Visits to dentists and orthodontists are billed directly to parents. Parents are financially responsible for any and all charges related to medical treatment which are not covered by their medical insurance including, but not limited to deductibles, co-insurance charges and portions of medical charges which individual insurance companies decline to pay.